

Enfield NAS Calendar for Spring Term 2020

*Please note that as we do not have crèche facilities, the workshops
and evening events are not suitable for children*

BRANCH MEETING & AGM Monday, 27th January 2020

At 7.30pm onward: We will be holding our AGM, voting in our Branch Officer and Treasurer and hearing about the branch activities in the past year and looking forward into 2020. **PLUS:** We have a special guest speaker – Sian Hutchings. Sian is a 26-year-old public speaker who is on the autistic spectrum, having been diagnosed 18 years ago. In addition to Autism, she also has ADHD, Dyspraxia and is dyslexic. Her talks give an inspiring insight into ASD & ADHD with her lived experiences. At the AGM Sian will be sharing her experiences of mindfulness in her talk “Mindfulness - Not Just For The Moment” - exploring this popular wellness strategy to help autistic people. We are very much looking forward to welcoming Sian as our guest speaker at the branch AGM. The branch meeting is also an opportunity to meet with other parents/carers, to have a chat and share information. Tea/coffee and cake will be available free of charge.

Baskervilles Tea Shop, 66 Alderman’s Hill, Palmers Green, N13 4PP. For more info please call Emma on 07842 438147 or email her at emma@enfieldnas.org.uk

COFFEE EVENING DROP IN AT JUMP IN ENFIELD

Responding to requests for coffee evening meet ups equivalent to the coffee mornings we co-run, Jump In Enfield have offered us the use of their upstairs meeting/party space free of charge if we use their café for refreshments. NB These coffee evenings are for adults only and are separate from the trampoline sessions we run for children/young people at other times.

Monday, 10th February 2020
Monday, 9th March 2020
Monday, 30th March 2020
Monday, 27th April 2020

Time: 7pm-9pm

**Jump In Enfield Trampoline Arena, Unit 22,
Lumina Park, Lumina Way, Enfield EN1 1SB
For more info Sandeep on 07842 393358.**

ENAS LIBRARY RESOURCE

ENAS have autism related books that can be loaned to our members for free. Please check the website for a book list and contact Natasha for our T&C’s and book loans:
Text message: 07757 120777
Email: library@enfieldnas.org.uk
You can also sign up at the Evening Coffee Drop In

COFFEE MORNINGS

EDMONTON COUNTY SCHOOL
Every 2nd & 4th Thursday of the month from 10.00am to 12.00 noon during term time: fortnightly coffee mornings hosted by Carol Riley.

Thursday, 23rd January 2020

Edmonton County SENCO is popping along for a Q&A session.

Thursday, 13th February 2020

Open Advice Clinic by Every Parent & Child.

Thursday, 27th February 2020

Thursday, 12th March 2020

Thursday, 26th March 2020

Bury Campus, Little Bury Street, N9 9JZ. For further information please contact: Carol Riley – Family Support Coordinator on 020 8360 3158.

SEN TRAMPOLINE SESSIONS SUNDAY AT JUMP IN ENFIELD

Exclusive Early Bird Autism and SEN sessions are held every Sunday morning. These sessions are offered on a first come, first served basis (no pre-booking).

Time: 9.00am-10.00am price £7/child/session

Siblings welcome at the same price.

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MID-WEEK AT JUMP IN ENFIELD

Exclusive early evening Autism and SEN sessions will be held every Wednesday during term-time. These sessions are offered on a first come, first served basis (no pre-booking).

Time: 5.00pm-6.00pm price £7/child/session

Siblings welcome at the same price.

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