Enfield NAS Calendar for Autumn Term 2015

Please note that as we do not have crèche facilities, the workshops and evening events are not suitable for children



BRANCH MEETING AND AGM

Tuesday, 24th November at 7.30pm onward

Our Keynote Speaker will be Tom Madders, Head of Campaigns for the NAS. He will tell us about plans for the new autism awareness campaign for 2016 which aims to help the public understand a whole lot more about what autism is and how it affects people's lives.

Baskervilles Tea Shop, 66 Alderman's Hill, Palmers Green, N13 4PP. For more info please call Sophie on 07903 420016 or email her at <u>sophie@enfieldnas.org.uk</u>

SOFT PLAY AT SOUTHBURY LEISURE CENTRE Thursday 12th November: 12.30pm to 2.30pm: for just \pounds 1/child!

An opportunity for your child to play, explore the ball pools, crash mats and obstacle courses in a safe and autism friendly environment. **192 Southbury Road, Enfield, Middlesex EN1 1YP For more information and to book a place, call Sandeep on 07921 171225.**

EDMONTON FIRE STATION VISIT

Saturday, 14th November: 11:00am to 1.00pm Edmonton Fire Station, 99 Church Street, N9 9AA Our children will be able to see a working fire station, hear about how it works, meet the fire fighters, see their uniform and equipment and get to sit in a fire engine! There will be some take away goodies too. For more information please contact Kathryn on 01992 632072. Booking essential – please see booking form attached.

YOGA 'TASTER' SESSIONS

Saturday, 21st November 2015 Session 1: 10.30-11.30 and Session 2: 11.45-12.45

The charity Yoga Quota is providing two Yoga taster sessions, for 14 - 18s with autism, to try out Yoga. Booking for these sessions is essential. £5 suggested donation per child requested with completed booking form. Dance Studio at Barnet and Southgate College (Southgate Campus), High Street, Southgate, London, N14 6BS. Please call/text Sophie on 07903 420016 or email her on sophie@enfieldnas.org.uk for more information or to receive a booking form.

CRAFT AFTERNOON

Saturday, 21st November 2015: 2.00pm to 4.00pm Come and enjoy making 'sensory bottles' and crafts for Christmas. £2 voluntary donation requested on the day. Winchmore Hill Baptist Church Hall, Compton Rd, N21 3PA. Booking not necessary but please call/text Sandeep on 07921 171225 or email her on skchal@outlook.com so we know how many people are coming.

INFORMATION WORKSHOPS

Our programme of workshops will be starting in January 2016. These will include *Being Colourful*, *Managing Anger*, *But Why Am I Different?*, *Choosing a Secondary School*, and *Sensory Needs*. **More information to follow.**

COFFEE MORNING AT GALLIARD PRIMARY

SCHOOL (Tuesday 9.00am to 11.00am during term time): weekly coffee morning hosted by Sian Warner. A staffed crèche is available for pre-school children while their parent/carer attends the meeting. Galliard Children's Centre, Galliard Primary School, Galliard Road, Edmonton, London, N9 7PE. For more info call Joyce on 020 8443 0092.

COFFEE MORNING AT EDMONTON COUNTY SCHOOL (every 2nd & 4th Thursday of the month from

10.00am to 12.00 noon during term time): fortnightly coffee mornings hosted by Carol Riley.

Thursday 12th & 26th November Thursday 10th December

Cambridge Campus, Great Cambridge Road, EN1 1HQ. For further information please contact: Carol Riley – Family Support Coordinator on 07891 271614.

CHRISTMAS FILM AFTERNOON

Saturday 5th December: 3.00 to 5.00

We're showing *Frozen!* (Come in costume if you like!!) We create a relaxed atmosphere in the hall: bring duvets, quilts, pillows, cushions and snuggle down on the floor to watch. Drinks and snacks provided. St Marks Hall, 74-76 Roman Way, Bush Hill Park, Enfield, EN1 1EH. For more information, please call Sophie on 07903 420016 or email her at sophie@enfieldnas.org.uk.

CHRISTMAS PANTOMIME OUTING

Wednesday, 30th December: 7.30pm

Acorn Theatre is once again doing a special performance for us of their Panto *Aladdin*. Families can enjoy the show in a relaxed environment, and the cast come and meet the children at the end of the evening. This year the show is *Aladdin*. More information to follow, but please save the date!

TRAIN SPOTTERS CLUB

We thought it might be a nice idea to have a really informal group of like-minded parents and children meet up at a train station: for parents to chat and catch up and the kids to do what they love doing most – watching trains. If this sounds of interest, then join us at Alexandra Palace Station from 2.30pm on Sunday, 22nd November and at Kings Cross on Sunday, 13th December, getting ready for Christmas! **No need to book, just come along. For more information please email Fazilla at f.amide@yahoo.co.uk.**

GATEWAY SEEKERS SWIMMING CLUB

Swimming continues every two weeks on Sundays from 2.00pm to 4.00pm for a fun swim session, open to all people with learning disabilities (including autism) for adults and children plus members of their family. A fee of \pounds 1.00 per person is collected at poolside. Albany Pool, 505 Hertford Road, Enfield EN3 5XH. For more details please call Anne and Roger Plowman on 020 8360 9453

For more information regarding NAS Enfield Branch (ENAS) contact: Sophie Castell at sophie@enfieldnas.org.uk/07903 420016 or Emma Kemball-Cook at emma@enfieldnas.org.uk / 020 8368 3839. Alternatively visit our website on www.enfieldnas.org.uk. If you have been passed this Calendar and want to be added to our emailing list, please contact Emma Kemball-Cook as above.